

Meal Program Frequently Asked Questions

Who may receive free or reduced-price meals?

- All children in households receiving benefits from CalFresh, FDPIR, or CalWORKS. Some children who receive Medi-Cal.
- Foster children that are under the legal responsibility of a foster care agency or court.
- Children who meet the definition of homeless, runaway, or migrant. Please call the Nutrition Services Department (916) 971-7035.
- Children whose household falls at or below the limits on the Federal Income Eligibility Guidelines.

How much do reduced-price meals cost?

The reduced-price rate is \$0.30 cents for breakfast and \$0.40 cents for lunch.

Do I need to complete an application for each child?

No, all students and household members must be on the same application.

Should I complete an application if I received a letter this school year saying my children are already approved for free or reduced-price meals?

No.

My child's application was approved last year. Do I need to complete one this year?

Yes. Your child's application is only good for one school year and through the first 30 days of the next school year.

I get WIC. Can my children get free meals?

Children in households participating in WIC may be eligible for free or reduced-price meals based on household income.

Will the information I give be checked?

Yes.

If I don't qualify now, may I apply later?

Yes, apply if your income drops below the income limit.

May I apply if someone in my household is not a U.S. citizen?

Yes. All school-aged children in income-eligible households can receive school meal benefits regardless of the immigration status of household members, which will not be used for immigration-related purposes.

What if I disagree with the district's decision about my application?

You can call or write: Sneha Nair, San Juan Unified School District, Attn: Nutrition Services, 3738 Walnut Ave., Carmichael, CA 95608; (916) 971-7026.

Who do I contact if I have more questions?

Visit or call Nutrition Services at: 3738 Walnut Avenue, Carmichael, CA 95608; (916) 971-7035.