



**San Juan Unified School District Nutrition Services Department
2017-2018 Potential Food Allergens in School Meals**

MENU ITEMS	Secondary Only	Egg	Milk	Soy	Corn	Wheat	Peanut	Tree Nuts	Sesame	Pork
American Cheese, Sliced			X							
Animal Crackers		Made in same bakery	Made in same bakery	X		X	Made in same bakery	Made in same bakery		
Bagel, Blueberry				X		X				
Bagel, Cinnamon Raisin				X		X				
Bean Burrito			X	X	X	X				
Beans, Refried	X				X					
Beef Hamburger Patty										
Beef Sausage Patty					X					
Biscuit			X	X		X				
Breakfast Pizza			X	X	X	X				
Bread, Sliced	X		Made in same bakery	X	X	X				
Cereal, Frosted Mini Spooners						X				Gelatin
Cereal, Honey Scooters						X				
Cereal, Marshmallow Mateys					X	X				Gelatin
Cereal, Cinnamon Granola				X	X	X				
Cheesy Breadsticks			X	X	X	X				
Cheez Its			X	X		X				
Chicken Drumstick					X	X				
Chicken Nuggets				X		X				
Chicken Patty				X		X				

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Chocolate Bear Graham Crackers				X		X				
Cinnamon Roll		X	X	X	X	X				
Cookie, Carnival Candy		X	X	X	X	X				
Cookie, Chocolate Chip		X	X	X		X				
Cookie, Happy Birthday			X	X		X	Made in same factory			
Corn Dog, Chicken		X		X	X	X				
Corn Star		X	X	X	X	X				
Crumb Square		X	X		X	X				
Fortune Cookie	X					X				
French Toast Sticks				X	X	X				
General Tso's Chicken	X	X		X	X	X				
Goldfish Cheddar Crackers			X			X				
Goldfish Pretzel Crackers			X		X	X				
Hamburger Bun		Made in same bakery	Made in same bakery	X	X	X		Made in same bakery		
Hoagie Roll	X	Made in same bakery	Made in same bakery	X	X	X		Made in same bakery		
Hot & Spicy Chicken Bites	X			X	X	X				
Hot Dog Bun		Made in same bakery	Made in same bakery	X	X	X		Made in same bakery		
Mandarin Orange Chicken	X	X		X	X	X				
Mini Wheat Roll				X	X	X			trace	
Muffin, Apple Cinnamon		X	X	X		X				
Muffin, Blueberry		X	X	X		X				

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Muffin, Blueberry	x	x	x	x		x				
Muffin, Double Chocolate	x	x	x	x		x				
Nacho Cheese Sauce	x		x							
Pancake Sausage Roll Up		x		x	x	x				
Pancakes, Cinnamon Glazed		x	x	x		x				
Pizza, Cheese			x	x	x	x				
Pizza, Cheese	x		x	x	x	x				
Pizza, Pepperoni			x	x	x	x				x
Pizza, Pepperoni	x		x	x	x	x				
Popcorn Chicken			x	x	x	x				
Potato Wedges				x	x					
Potatoes, Mashed			x	x						
Shredded Cheddar Cheese			x							
Spicy Chicken Patty	x			x	x	x				
Strawberry Jam Packet					x					
String Cheese			x							
Taco Beef Meat	x			x	x					
Teriyaki Beef Nuggets				x		x				
Tortilla Chips	x			x	x					
Turkey Bacon										
Turkey Frank					x					
Turkey Gravy	x		x	x	x	x				
Turkey Ham, Deli										
Turkey, Deli										
Waffles		x	x	x	x	x				
Wheat Tortilla, 10 inch	x			x	x	x				

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Wheat Tortilla, 8 inch				x	x	x				
Wheat Tortilla, 6 inch	x			x	x	x				
Wowbutter Sandwich			x	x	x	x				
Yogurt, 4 oz			x		x					
Yogurt, 6 oz	x		x		x					
BBQ Sauce Packet					x					
Cream Cheese Packet			x							
Italian Dressing				x						
Ketchup Packet					x					
Maple Syrup Cup					x					
Mayonnaise Packet	x	x		x	x					
Mustard Packet										
Ranch Dressing		x	x	x	x					
Strawberry Jam Packet					x					
Taco Sauce Packet	x									